

Sample OBE Workshop flyer

Out-of-Body Exploration

October 14-16, 2005

Register for this Program

Workshop Taking Place At:

For More Information Contact:

William Buhlman

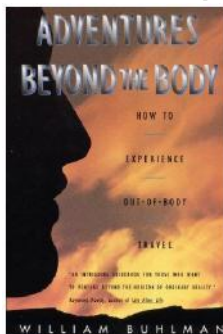


William Buhlman

is considered America's leading expert on the subject of self-initiated out-of-body experiences. He is an author, clinical

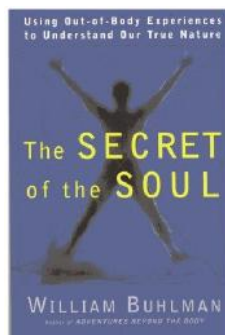
hypnotherapist, spiritual counselor, and ordained minister whose 35 years of extensive personal out-of-body explorations give him a unique and thought-provoking insight into this subject. His best-selling book, **Adventures Beyond the Body** chronicles his personal journey of self-discovery through out-of-body travel and provides the reader with the preparation and techniques that can be used for their own adventure. Mr. Buhlman's second book, **The Secret of the Soul**, explores unique opportunities for personal growth and profound spiritual awakenings that are experienced during out-of-body travel. During the last twelve years Mr. Buhlman has conducted an international OBE survey that includes over 16,000 participants from 32 countries. **The Secret of the Soul** reports the provocative results of this survey.

This workshop is an experiential adventure.



We will begin by exploring trance states of consciousness and hypnotic induction techniques. This provides the perfect segue into the steps and techniques needed for controlled out-of-body exploration and other spiritual journeys. The workshop will continue with an extensive array of proven and practical out-of-body techniques as outlined in William's books. Each participant will

experience a comprehensive array of OBE techniques including the target technique, guided visualization, inner motion and extensive chakra and energy body activation. Over the course of this weekend you will experience step-by-step exercises, tips, techniques, and answers to your every question about out-of-body exploration. The entire workshop is based upon the profound personal experiences and insights gained from the author's thirty-five years of out-of-body explorations and the feedback obtained from thousands of inner explorers.



The author has trained out-of-body explorers

in his workshops for two decades, teaching people how to project their consciousness outside the limits of their physical bodies and to explore dimensions and worlds beyond everyday life. William brings a refreshing look at how we can use self-initiated altered states of consciousness

and out-of-body experiences to explore our spiritual identity and enhance our intellectual and physical lives. Please bring comfortable clothes, a yoga mat or sleeping bag for extensive exploration methods.

William has designed an extensive array of experiential methods that assist in the development of expanded awareness, the

exploration of consciousness, and out-of-body exploration. He is a skilled teacher and communicator who shares his work through lectures and workshops conducted worldwide. The author has also created an extensive series of audio programs. For more information visit www.astralinfo.org

Workshop Sponsor Helpful Suggestions

We will assist you to make this a fun and successful event.

- Start the planning the event about four to five months in advance. You will be looking for a space that will hold about 40 people lying on the floor. This usually requires about 2,000 square feet (220 square meters) or more. The facility must be quiet and comfortable. Often selecting a B&B or camp location with catering can be an ideal arrangement. Many will provide lodging, meals and a workshop area at a very reasonable rate. If a non-residential location is selected it should be close to eating facilities, hotels, and have adequate parking.
- Your goal is to register between 25 to 35 people to attend the weekend event. The workshop attendance fee is your decision however it generally ranges between \$295. - \$495. Prices vary depending if you include all meals and lodging as a package. An early registration incentive involving a \$25 reduction is recommended. Discounts are often given to groups and families.
- Instruct your guests to wear casual clothing and bring a sleeping bag or floor mat. The exploration methods are often conducted laying down on the floor and are best experienced when the attendees are comfortable.

Promotional Ideas for You to Publicize the Workshop

- Publicize the workshop details in your local “New Age” bookstores; online chat rooms, forums and groups. Most topic related online groups and chat rooms will allow you to post brief informational workshop details and contact information. There are currently many different online news groups and web rings that discuss out of body exploration.
- Place a quarter page advertisement in the local metaphysical newspaper two months before the event. Ad copy can be provided. William can also provide an article for the local New Age publications if they are interested.
- Create a flyer (or use our template) and post in local bookstores, yoga and meditation centers, libraries, Unity Churches and other locations that allow such postings. We can provide a digital master copy for your duplication if needed.
- Contact local mass media outlets: local newspapers and radio shows. Many local new age newspapers have an upcoming events section that is free or available at a nominal charge. Radio shows can be effective if arranged several weeks in advance of the event.
- William will promote the event on his two web sites; local and national radio shows and OBE newsletters.

If you have any questions or need more information please contact William at williambuhlman@hotmail.com