

SPIRITUAL DIRECTIVE

Planning Document

My selected doula is: _____

My group of allies: _____

In my Sacred Space:

I consider special objects to be: _____

This is where I would like to be during my last days: _____

This is the music I would like to hear:

I would like to have these Meditations / Affirmations / Essays playing in my last days: _____

These are other things for you to consider: _____

People to contact, messages to give should I die suddenly.

If I don't have time to say it: _____

Honor my memory by: _____

I am most grateful in my life for: _____

I seek forgiveness from: _____

I easily forgive: _____

My highest spiritual intention is: _____

Celebrate My Life: When the time comes to say goodbye.

My color preferences are: _____

My favorite music selections are: _____

Attached are some readings that I like: _____

Thoughts about flowers and charitable contributions:

My ideal memorial service would be: _____

(location, time of day, setting, etc)

I do not want this: _____

My words of farewell: _____

